



2015



### Qualifying Standards

	<u>Girls A</u>	<u>Boys A</u>
100m Dash	12.8	11.1
200m Dash	26.9	23.0
400m Dash	1:00.7	51.4
800m Run	2:25.9	2:04.0
1600m Run	5:28.0	4:40.
3200m Run	12:11.5	10:30.5
100/110m Hurdles	15.7	15.8
300m Hurdles	48.2	41.7
400m Relay	51.9	44.9
800m Relay	1:49.4	1:33.1
Medley Relay	4:29.4	3:46.2
1600m Relay	4:12.8	3:32.5
3200m Relay	10:07.6	8:33.7
Shot Put	37' 3"	50' 3"
Discus	112' 10"	152' 5"
High Jump	5' 0"	6' 0"
Long Jump	16' 4"	20' 7"
Triple Jump	34' 1"	41' 8"
Pole Vault	8' 6"	11' 3"

## SDHSAA Region 3A Track and Field Meet Garretson, SD May 21, 2015

### FIELD EVENTS

#### 1:00 PM

GIRLS DISCUS  
BOYS SHOT PUT  
BOYS LONG JUMP  
GIRLS HIGH JUMP  
GIRLS TRIPLE JUMP

#### 2:15 P.M.

GIRLS SHOT PUT  
BOYS DISCUS  
GIRLS LONG JUMP  
BOYS HIGH JUMP  
BOYS TRIPLE JUMP

BOYS & GIRLS POLE VAULT HELD IN MADISON ON TUESDAY

### RUNNING EVENTS

2:00 100M HURDLES (PRELIMS) - GIRLS  
2:10 110M HURDLES (PRELIMS) - BOYS  
2:20 3200M RELAY (FINALS) - BOYS  
2:35 100M DASH (PRELIMS) - GIRLS  
2:45 100M DASH (PRELIMS) - BOYS  
2:55 3200M RELAY (FINALS) - GIRLS

#### **BREAK**

4:00 100M HURDLES - GIRLS  
4:05 110M HURDLES - BOYS  
4:10 100M DASH - GIRLS  
4:15 100M DASH - BOYS  
4:20 800M RELAY - GIRLS  
4:25 800M RELAY - BOYS  
4:30 1600M RUN - GIRLS  
4:40 1600M RUN - BOYS  
4:50 400M RELAY - GIRLS  
4:55 400M RELAY - BOYS  
5:00 400M DASH - GIRLS  
5:10 400M DASH - BOYS  
5:20 300M HURDLES - GIRLS  
5:30 300M HURDLES - BOYS  
5:40 MEDLEY RELAY - GIRLS  
5:50 MEDLEY RELAY - BOYS  
6:00 800M RUN - GIRLS  
6:10 800M RUN - BOYS  
6:20 200M DASH - GIRLS  
6:30 200M DASH - BOYS  
6:40 3200M RUN - GIRLS  
6:55 3200M RUN - BOYS  
7:10 1600M RELAY - GIRLS  
7:20 1600M RELAY - BOYS